

# Proclamation

Illegal drug use among teenagers remains one of the most difficult issues facing our young people today. The National Institute on Drug Abuse reports that approximately 15.8 percent of high school students used illegal drugs in 2005. The Leadership to Keep Children Alcohol Free states that every day 7,000 children under the age of 16 consume their first alcoholic drink.

The National Center on Addiction and Substance Abuse (CASA) at Columbia University has consistently found children who regularly eat dinner with their families are less likely to smoke, drink, or use illicit drugs.

In 2001, CASA launched a national campaign, *Family Day – A Day to Eat Dinner With Your Children*, designed to promote parental involvement in the lives of our young people. The message is simple: eating dinner regularly with your children is an easy and effective way to reduce the risk of substance abuse among our teenagers. This is accomplished by creating the opportunity for a natural communication channel between parents and children at the dinner table.

Last year, President Bush, governors of 47 states, chief executives from over 500 cities and counties, and nearly 1.3 million Americans, embraced the Family Day campaign and pledged to sit down as a family and share a meal.

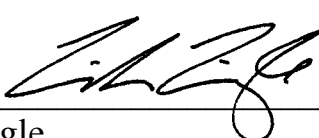
*Family Day* in Hawai`i encourages our citizens to spend the evening as a family.

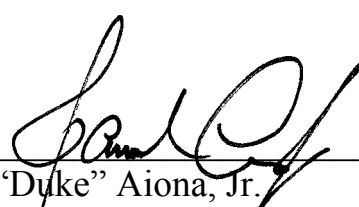
**THEREFORE, I, LINDA LINGLE**, Governor of the State of Hawai`i and **I, JAMES R. “DUKE” AIONA, JR.**, Lieutenant Governor, do hereby proclaim this twenty-fifth day of September 2006 as

## **FAMILY DAY** **A DAY TO EAT DINNER WITH YOUR CHILDREN**

in Hawai`i, and encourage all families to sit down together and enjoy each other's company.

**DONE** at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai`i, this fourteenth day of June 2006.

  
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Linda Lingle  
Governor, State of Hawai`i

  
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James R. “Duke” Aiona, Jr.  
Lieutenant Governor, State of Hawai`i